...a 3crg Circuit Time Trial League 2024

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10 Wednesday 22nd May ~ from 19:00hrs ~ 10-mile TT's

@ Goodwood Motor Racing Circuit ~ Chichester PO18 0PH

Timekeeping Crew: Trevor Beauchamp, Maria Golden, Martin Whitty, Kathleen

Collard-Berry, Peter Phipps.

Start Line Stewards: Gareth Peters (Speaker) Peter Pickers, David Shepherd

Motorcycle Marshals: Steve Humphrey, +

Signing-On & Reception: Nigel Bicknell +

Photography by: Sheena Booker

There are "**Provisional Results**" available on-line during the event via: https://resultsheet.co.uk

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN **mobile**: 07770 885428 ~ email dcb@a3crg.co.uk

Gates will open (for us) at 17:45 ~ Please don't arrive early as another event maybe taking place. We are Starting at 19:00.

There will be time between 18:30 & 18:55 to warm up on the track (no riders going to warm -up on the track after 18:50). No unauthorised riders on the track. If you are "coaching a rider", please register at Reception (Jackie Stewart Suite) & wear Yellow Hi-Viz.

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing. CTT Regs, even though it is a circuit you are still required to have working front & rear lights fixed to your bike & switched on during your event, spares at Signing-On at the "Jackie Stewart Suite".

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also <u>compulsory</u> that WORKING FRONT & REAR LIGHTS, either flashing or constant, are fitted to the machine in a position visible to following track users and are active while the machine is in use at all times.

Procedure for the Event:

- ✓ If you are not feeling well or you have left your wallet at home, please do not attend.
- ✓ If you have road race pockets for your number, please use the left-hand pocket to aid the finish timekeepers.
- ✓ Do not walk across the airfield, it is an active aerodrome, it could get rather messy.
- ✓ Look where you are going even during warming-up, keep your head up,
- ✓ If caught, ease back; do not take pace on the wheel of the rider who caught you.
- ✓ If passing a rider, please make sure the effort is enough to pass completely.
- ✓ Last Lap, stay on the Left inside the black Cones on the Finish Section, and please shout your number out as you finish.

Course Length 10 miles (4 & bit Laps) except for Event 2 (3 & bit laps - 7.6 miles)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping to the right hand side, bear right following the circuit. After passing a "Radio Mast" on your right hand side you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the "Pit Straight" (Circuit), make sure you are in the middle of the circuit.

After bearing right, you are are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) "Pit Straight" this fourth time bear in mind you need to keep to the left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). ON THE LAST LAP DO NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE). Please shout your number, it helps to keep the timekeepers awake.

All Ten Mile times set during this Open Event (unlike club event times) are "Official" & can be used for updating any PB's, used for qualifying for National Championships, Veteran Standards, Age Group Records & the "NEW" BBAR conditions for both Men & Women.

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided at reception & sign out.

Road Bike Behaviour: No "Puppy Paws" & if you need two bottles make sure they are full of liquid as empty bottles are a hazard & can drop out causing a bit of danger on the circuit.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

For the "League Events" Bonus Points can be earnt by beating your Goodwood season "PB", this is shown as "T2B" (Time to Beat)

Event 1: ~ "Any Bike", Youth 12 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Male) Oliver Gill 00:21:05 ~ (Femme) Grace Upshall 00:25:30

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
2	Cooper Barkey	Chichester Triathlon Club	RB	Yth-14		19:01:00
3	Stanley Wilkes	Chichester Triathlon Club	RB	Yth-15		19:01:30
4	Skye Martingale	Type One Style	TT	Fem-15		19:02:00
5	Freddie Gay	Chichester Triathlon Club	RB	Yth-13		19:02:30
6	Alexander Stuart	GS Mossa	RB	Yh-14	00:27:03	19:03:00
7	Alexander Goodwill	Preston Park Youth CC	TT	Yth-14	00:24:29	19:03:30

Event 2: ~ Youths Road Bikes 8yrs - 13yrs ~ 3 & bit Laps = 7.60 miles Event Records: Lucas Lovell 00:20:31 ~ Amy Clark 00:26:42

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
8	Henry Meigh	Portsmouth North End CC	RB	Yth-10	00:32:31	19:04:00
9	Amy Clarke	Surrey Cycle Racing League	RB	Fem-13	00:27:20	19:04:30
10	Thomas Meigh	Portsmouth North End CC	RB	Yth-12	00:28:20	19:05:00
11	Jack Patten	Southdown Velo	RB	Yth-12	00:22:31	19:05:30

Event 3: Two-Up Team Time Trial, 4 & bit Laps = 10-miles

Num	Rider	Squadra/Team/Club	Mach	Grp	Départ
13	Howard Bayley	a3crg	TT	45-49	19:06:30
13	Andy Langdown	a3crg	TT	55-59	19:06:30
17	Simon Rowe	Team TMC	RB	40-44	19:08:30
17	Clinton More	Team TMC	RB	45-49	19:08:30

Event 4: Tandems, 4 & bit Laps = 10-miles

Tandem Course & Event Record: Simon Hall & Ian Neville, 00:24:37

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
15	Mark Fraser	Full Moo Cycling	TT	55-59	00:26:07	19:07:30
15	Anna Fraser	CC Ashwell	TT	F55-59	00:26:07	19:07:30

Event 5: Scratch & Itch Event, 4 & bit Laps = 10-miles

Open Road Bike Record Cris Coxon 00:20:30 ~ Femmes Road Bike Record: Emily Proud 00:23:50

Femmes Course & Event Record, Isabel Sharp 00:20:58

Course & Event Record: Sam Clark 00:18:48 ~ Junior Event Record: Jamie Whitcher, 00:19:21

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
18	Simon Berogna	Velo Club St Raphael	TT	50-54		19:09:00
19	Karl Corpez	Charlotteville Cycling Club	RB	55-59		19:09:30
20	Benjamin Toovey	Worthing Excelsior CC	RB	55-59		19:10:00
21	Eamonn Sheridan	Warwickshire Road Club	RB	70-74	00:32:26	19:10:30
22	Vernon Schutte	Farnborough & Camberley CC	RB	70-74	00:29:41	19:11:00
23	Nigel Hughes	Fareham Wheelers CC	RB	65-69	00:28:54	19:11:30
24	Stephen Summers	Worthing Excelsior CC	RB	55-59	00:27:18	19:12:00
25	Christopher Redmond	Petersfield Triathlon Club	TT	55-59	00:27:53	19:12:30
26	Simon Palmer	Tuff Fitty Tri Club	TT	55-59		19:13:00
27	Martin Balk	3C Cycle Club	TT	60-64		19:13:30
28	David Bew	Hampshire Road Club	TT	50-54		19:14:00
29	Graham White	Fareham Wheelers CC	TT	65-69	00:28:47	19:14:30
30	Simon Craig-McFeely	a3crg	TT	65-69		19:15:00
31	David Robbins	Petersfield Triathlon Club	RB	60-64	00:25:37	19:15:30
32	Robert Watson	Hampshire Road Club	TT	60-64		19:16:00
33	Adam Puckett	Fareham Wheelers CC	RB	40-44	00:25:38	19:16:30
34	Richard Miles	Inspire-Chichester	TT	65-69	00:26:29	19:17:00
35	Derek Dowden	Hampshire Road Club	TT	65-69	00:26:46	19:17:30
36	Nigel Greenfield	a3crg	TT	60-64	00:26:36	19:18:00
37	Mike Anderson	CC Moncontour	TT	65-69	00:24:06	19:18:30
38	Martin Piper	NAUT Cycling	TT	50-54		19:19:00
39	Jerry Bromyard	a3crg	TT	65-69		19:19:30
40	David Patten	Southdown Velo	TT	70-74		19:20:00
41	Sean Williams	NAUT Cycling	TT	50-54	00:21:51	19:20:30
42	Richard Burchett	Crawley Wheelers	TT	50-54		19:21:00
43	Mike Garner	a3crg	TT	70-74		19:21:30

44	Paul Martin	NAUT Cycling	TT	50-54	00:23:51	19:22:00
45	Robert Gilmour	Hounslow & District Whs	TT	70-74	00:25:57	19:22:30
46	Robin Kamiya	Farnborough & Camberley CC	RB	50-54	00:26:06	19:23:00
47	Jeremy Page	Southborough & Dist. Whs	RB	60-64		19:23:30
48	Mark Kennerley	Fareham Wheelers CC	RB	40-44	00:24:53	19:24:00
49	George Hunter	Horsham Cycling	RB	Sen-30		19:24:30
50	Phil McNamara	Full Gas Racing Team	RB	55-59	00:27:05	19:25:00
51	Jack Martin	Velo Club Venta	RB	Sen-23		19:25:30
52	Adam Coppard	Chichester City Riders	RB	Sen-34		19:26:00
53	Helen Meigh	Sotonia CC	RB	F40-44		19:26:30
54	Hannah Lucas	Farnborough & Camberley CC	RB	F40-44		19:27:00
55	Rachel Clay	GS Vecchi	RB	F45-49		19:27:30
56	Deborah Smith	Southdown Velo	RB	F45-49	00:26:25	19:28:00
57	Denise Stuart	GS Mossa	RB	F50-54	00:26:58	19:28:30
58	Ruth Whiddett	a3crg	RB	F50-54	00:25:11	19:29:00
59	Pippa O'Brien	RT PODA	TT	F60-64	00:30:43	19:29:30
60	Christina Dove	a3crg	TT	55-59		19:30:00
61	Rowena Rogers	Petersfield Triathlon Club	TT	F45-49	00:28:21	19:30:30
62	Lucy Mitchell	a3crg	TT	F45-49		19:31:00
63	Ruth Jones	Farnborough & Camberley CC	TT	F40-44		19:31:30
64	Kym Harvey	a3crg	TT	F55-59	00:26:38	19:32:00
65	Mike Rees	Zoom Triathlon Club	TT	40-44		19:32:30
66	Graeme Browning-Martin	New Forest CC	TT	40-44		19:33:00
67	Deborah Sheridan	a3crg	TT	F65-69	00:27:23	19:33:30
68	Richard Keevil	GS Stella	TT	55-59		19:34:00
69	Sarah Matthews	a3crg	TT	F60-64		19:34:30
70	Laurence Brown	Chichester City Riders	TT	Sen-37	00:23:14	19:35:00
71	Tim Peters	Horsham Cycling	TT	50-54	00:24:06	19:35:30
72	Matt Doe	a3crg	TT	50-54	00:24:40	19:36:00
73	Mark Lisk	3C Cycle Club	TT	50-54		19:36:30
74	Shaun Smart	Southdown Velo	TT	60-64	00:23:25	19:37:00
75	Chris Lord	Brighton Excelsior CC	TT	70-74	00:22:39	19:37:30
76	Sarah Storey	Storey Racing	TT	F45-49	00:24:23	19:38:00
77	Rob Vessey	a3crg	TT	60-64		19:38:30
78	Neil Langley	Hampshire Road Club	TT	45-49	00:24:25	19:39:00
79	Nick Andrews	Portsmouth North End CC	TT	55-59		19:39:30
80	James Smee	Chichester City Riders	TT	45-49	00:22:22	19:40:00
81	Dan Shipton	Eastbourne Rovers CC	TT	45-49		19:40:30
82	Darren Anderson	Fareham Wheelers CC	TT	50-54	00:23:28	19:41:00
83	Paul Jones	Portsmouth North End CC	TT	55-59		19:41:30
84	Ian Gay	Chichester Triathlon Club	TT	40-44		19:42:00
85	James Ayton	Portsmouth North End CC	TT	45-49		19:42:30
86	Kevin Plummer	Team TMC	RB	55-59		19:43:00
87	Graeme Stirzaker	a3crg	RB	55-59		19:43:30

88	Robin Kirk	VC Godalming & Haslemere	RB	45-49	00:22:02	19:44:00
89	Malcolm Cox	Velo Club St Raphael	RB	55-59	00:24:04	19:44:30
90	Cris Coxon	Brighton Mitre CC	RB	45-49		19:45:00
91	Joshua Lahiri	Petersfield Triathlon Club	TT	Sen-30	00:22:29	19:45:30
92	Nick Dwyer	DRAG2ZERO	TT	60-64	00:22:23	19:46:00
93	Ben George	New Forest CC	TT	Sen-33		19:46:30
94	Callum Brownlie	Velo Club Venta	TT	Sen-32	00:22:50	19:47:00
95	Bryce Dyer	Bournemouth Cycleworks	TT	45-49	00:21:17	19:47:30
96	Alexander Murphy	Velo Club Venta	TT	Jun-17	00:20:47	19:48:00
97	Ben Lowe	VC Godalming & Haslemere	TT	Sen-34		19:48:30
98	Adam Dart	GS Mossa	TT	Sen-23		19:49:00
99	Larry Wiltshire	Chichester City Riders	TT	50-54		19:49:30
100	Matthew Gilmour	Primera-Teamjobs	TT	Esp-18		19:50:00
101	Peter Younghusband	Petersfield Triathlon Club	TT	55-59	00:21:27	19:50:30
102	Andy Langdown	a3crg	TT	55-59	00:20:47	19:51:00
103	Ollie Boarer	Tofauti Everyone Active	TT	Jun-17		19:51:30
104	Bobby Buenfeld	Velo Club Venta	TT	Jun-17	00:20:32	19:52:00

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at 30 second intervals.

The start is approximately halfway along the pit (Number15) lane wall where you will do either a standing or held start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of this wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We (may) have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will need to finish in the finish area, this is on **the left-hand side of the track & you will have seen the black coned off area** on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding <u>tight to the left-hand</u> side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut or free mugs of tea.

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate proceed to reception to sign-out & return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders' car parking. There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.

The League will be split up between Road Bikes & TT Bikes Women & "Open" (similar to last year). League Bonus Points are awarded for Seasons PB's (first chance this week) & for Age Group (virtual) Podiums.

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the "HORSEBOX" on site (we have been assured it will be open).

...a Strg Goodwood Circuit Events 2024

Wednesday 12/06/2024	Goodwood Circuit Youth TT League Goodwood Closed Circuit TT League plus 4-up Road Bike Team Time Trial
Wednesday 26/06/2024	Goodwood Circuit Youth TT League Goodwood Closed Circuit TT League Inc. The VTTA Closed Circuit Age Groups Champs, Championship Jerseys for overal winners, Tandem Event & 4-up TTT
Wednesday 24/07/20242	Goodwood Circuit Youth TT League Goodwood Closed Circuit TT League Plus Para Event CTT National Closed Circuit Championships for, Youths,

Sunday 08:00 & 17:00 The 11th August

& The Womens Championship
Other events include: One Lap Wonder Sprint Challenge,
Heritage Bikes British Tandem GP, 2-Up & 4-Up Team Time
Trials, then the 4-Up Team Relay

The Junior Championship, The "Open" Championship

We can do Events for all Categories, unfortunately no Bouncy Castle or Donkey rides this year, also due to complaints from air traffic control at Goodwood we have to suspend the Balloon Race.

Lastly, Enjoy your evening & thank you for your support this Season.

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